

## Athletes' Instructions

*In order not to overload the text, we conform to the rule which allows the use of the masculine (eg "he, him, his, ..") with the value of neutral (eg "an athlete").*

1. **Date.** Saturday June 10, 2023.
2. **Location.** Athletics Stadium of the Bout-du-Monde Sports Center, Geneva
3. **Participation.** The competition is open to athletes who have a 2023 license valid in Switzerland or abroad and who have met the participation limits in 2022 or 2023.
  1. The **maximum number of participants** in running disciplines or jumping or throwing events is defined by ATLETICAGENEVE and published in the timetable. As a general rule it is limited to 4 series for the races. 8 participants for the long jump and triple jump competitions (to which 2 national athletes can be added) or 12 for the high jump and pole vault competitions. In the middle distance races (800m, 1500m), a maximum of 11 respectively 15 athletes, including a possible pacemaker.
  2. **Relay teams.** Only national teams selected by ATLETICAGENEVE are allowed to participate in the 4x100m relay races.
  3. The selection for the **U18 100m and 800m races** takes place within the framework of the Geneva Championships; the selection procedures are communicated by the organizer of the Geneva Championships. An international participation is possible exclusively among the agreements of the EAP circuit.
4. **Registration.** Exclusively online, between **April 24 and Sunday May 29, 2023** at 24:00 (UTC + 2, CEST: Central European Summer Time).
  1. **Swiss and foreign athletes as well as members of the EAP circuit:** on **atleticageneve.org** website.
  2. Any request to participate must include acceptance of the criteria of the **EAP Circuit Code of Conduct** and of **Safeguarding** against Sexual Harassment and Abuse.
5. **Registration fees.** There is no registration fee.  
Entrance to the stadium and around the track is free for people with accreditation (badge). But **access to the stands is chargeable** for everyone.
6. **Delivery of race numbers (bibs).** The bibs are worn visibly and without being folded, on the chest. In the pole vault and high jump, the bibs may also be worn on the back. Possession of the bib does not replace the confirmation which must be made in all cases to the call room (including for finals, when qualified).
  1. **Invited athletes.** Friday June 09, 2023 between 2:00 p.m. and 10:00 p.m., at the reception of the Nash Airport Hotel.

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2. **All athletes.** On Saturday 10 June 2023, from 10:00 am on the stadium at the “bib delivery” stand at the latest **2 hours** before the start of their event.
7. **Warm-up.** Warm-up is not allowed on the competition track.
  1. A 1.3km dedicated shaded trail is available around the sports complex.
  2. A dedicated field (large artificial grass surface) is available (spikes are not admitted).
    1. Some hurdles and starting blocks (but without possible fixing in the ground) are available.
    2. Tents are present as well as a water supply.
    3. Each athlete will be responsible for their own provisioning. A **drinking water point** is available near the bib tent.
  3. In case of bad weather, the indoor track is available (Pavilion "B"). Hurdles, starting-blocks, long/triple jump pit and High / Pole Jump mats can be used (prior installation may be required).
  4. The Gym (weights room) is available on the day of the competition in “Pavilion B” (1<sup>st</sup> floor), and can be used if at least 3 people are present.
8. **Call-Room.** Open from 10:00 am, the morning of the competition.
  1. The athletes (or their representative), after having provided their bib, must present themselves at the latest:
    1. **Sprint and hurdles races (both for heats and final round): 20 minutes** before the start of the first race.
      1. Heats and lanes are assigned at this time.
    2. **Middle distance races 800m and 1500m (including U18): 20 minutes** before the start of the first race.
      1. The number of the lane to be fixed on the right side is distributed at this time.
    3. **4x100m relays: 30 minutes** before the start of the first race.
      1. Lanes are assigned at this time.
      2. The last runner in the relay will receive the number of the lane to be fixed on the right side at this time.
    4. **Long Jump, Triple Jump High Jump, Javelin Throw, Hammer Throw: 30 minutes** before the beginning of the competition.
    5. **Pole Vault: 60 minutes** before the beginning of the competition.
  2. **Entrance to the competition venue.** All confirmed athletes are accompanied by an authorized person to the competition venue and presented to the competition judges.
  3. **The latecomers.** They will not be allowed to compete.
9. **Outfit.** Competitors line up in their official club or national team uniform or clothing of their choice, in accordance with World Athletics standards, summarized in the

following point (#10). This is valid both for the competition and for the official ceremony.

10. **Advertising on clothing and accessories.** Before entering the competition venue, athletes must present to the call room and have them validated whether their competition clothing and accessories comply with the World Athletics Marketing and Advertising Regulations. As a general rule, the size of the advertisement should not exceed **40cm<sup>2</sup>** and have a maximum height of 5cm. Only a total maximum of TWO (2) different Athlete Sponsors are permitted to appear on Athlete kit and, where permitted, on personal belongings and accessories (i.e the same Sponsor(s) must appear across all items of kit, personal belongings and accessories). If the number or size of the advertising inscriptions were not in conformity, they must be masked with an opaque adhesive tape **before** entering the competition field.  
(for full details refer to the World Athletics document "[Marketing & Advertising Guidelines on Clothing a.pdf](#)").

11. **Presentation of the athletes to the public.** Before the start of the competition (jumps and throws) the athletes of the competitions are assembled for a nominative presentation to the public.

12. **Set up bars for jumping competitions.**

#### **Women's High Jump**

1m60-1m65-1m70-**1m75-1m80-1m81-1m85**-1m88-1m91-1m94-**1m97**-1m99,  
etc...

1. **Men's Pole Vault**

TBC : (5m00-5m20-5m35-5.81m)

13. **Qualification system for the final(s).**

1. **Men and Women's 100m (A-Final and B-Final):**

If 2 heats: the first 4 + the best 8 times

If 3 heats: the first 3 + the best 7 times

If 4 heats or more: the 16 best times (the 8 best in Final A, following in B)

2. **Men and Women's 100m Hurdles/ 110m hurdles (A-Final):**

If 2 heats: the first 3 + the best 2 times

If 3 heats: the first 2 + the best 2 times

If 4 heats or more: the 8 best times

3. **In jumping competitions:**

If the number of athletes participating in the horizontal jumping events (Long Jump, Triple Jump) exceeds 8, only the best 8 after 3 jumps will be admitted to the last 3 trials, according to the rules in force at World Athletics (formerly IAAF).

4. **In throwing competitions:**  
If the number of athletes participating in the horizontal throwing events (Javelin Throw, Hammer Throw) exceeds 8, only the best 8 after 3 jumps will be admitted to the last 3 trials, according to the rules in force at World Athletics (formerly IAAF).
5. **Middle-distance races:** A maximum of 11 athletes per race (including pacemaker) are admitted for the 800m and 15 athletes per race (including pacemaker) for the 1500m.
14. **Winner ceremonies.** The athletes having finished in the first **5 places of the international absolute individual events** are invited to the winner ceremony (concerning races, only "A" races or the final are taken into consideration). The **3 best relay teams of the A-race** are also invited to the winner ceremony. All the **8 participants of the U18 events** (100m and 800m) are also invited to the winner ceremony.
  1. The schedule of the official ceremonies are indicated in the timetable for all races, relay and hurdles competitions.
  2. The **5 best athletes in the jumping and throwing events** will attend their ceremony at the **end of their competition**.
15. **Prize Money.** According to the criteria of EA "B" System, they are awarded to the same athletes called to the award ceremonies (see point 13):
  1. **Athletes of absolute individual disciplines:**
    1. 1st place: 500 €
    2. 2nd place: 400 €
    3. 3rd place: 300 €
    4. 4th place: 200 €
    5. 5th place: 100 €
  2. **The relay teams :**
    6. 1st place: 1000 €
    7. 2nd place: 800 €
    8. 3rd place: 500 €
16. **Souvenir prizes (podiums).**
  1. **The 3 best athletes of the absolute individual events:**
    1. TBD
  2. **Youth athletes in the U18 categories:**
    1. All 8 athletes from each race will receive a souvenir prize
17. **Prizes and records.**
  1. **Meeting record**
    1. New meeting record: **300 €**
  2. **EAP circuit record** (absolute), incl. relay

1. New EAP circuit record: **400 €** (cannot be combined with the meeting record)
3. **Swiss record** (absolute), incl. Relay
  1. New Swiss record: **500 CHF**
4. **Other rewards**
  1. Other prizes and awards may be awarded. This will be communicated, if necessary, at the latest before the beginning of the competition on the website and announced by the speaker.
18. **Placing scores.** The points awarded are made on the “absolute” basis of the **scratch ranking**, (unlike the podium and Prize Money classification), except for races with a final (A-Finals only) and invitational races (200m).

The points awarded, in each discipline, according to the criteria of World Athletics (World Continental Tour / Bronze) are:

  1. 1st place : 60 pts
  2. 2nd place : 50 pts
  3. 3rd place : 45 pts
  4. 4th place : 40 pts
  5. 5th place : 35 pts
  6. 6th place : 30 pts
  7. 7th place : 27 pts
  8. 8th place : 25 pts
19. **Regulatory basis.** The event, authorized by **Swiss-Athletics** (n. **118529**), is organized according to the OR & IAAF (World Athletics) regulations in force.
  1. The main criteria for organization, awarding of **Prize Money** and attribution of **Placing Scores** are in agreement with European Athletics.
20. **Preparation time.** For all technical disciplines, the preparation time is fixed, according to the provisions of the IAAF regulations (generally 60 seconds).
21. **Use of personal gear.** The following personal gear may be used: Pole, Javelin, Shot Hammer. Throwing gear must be presented for examination at the gear control no later than **60 minutes** before the start of the competition.

**Gears provided:** The organization provides athletes with up to 2 competition apparatus, namely: 2 javelins 800gr, 2 shots (7.2605Kg) and 2 hammers (4Kg) or 2 batons for relay teams.
22. **Shoes for the competition.** Only shoes on the approved and up-to-date World Athletics list (<https://www.worldathletics.org/about-iaaf/documents/book-of-rules>) under section ‘Book C: Competition’ C2.1A.) are allowed unless the athlete's shoes are dated before January 1, 2016 and are deemed to be approved. If this were not the case, the athlete's performance would not be homologable or valid for statistics, entry standards, world rankings, records, etc.

23. **Authorization to access the different areas.** The areas and zones inside the stadium are clearly delimited and a sign indicates the access authorizations according to the role of each one (Staff, athlete, coach, manager, VIP, volunteer, medical team, media, journalist, speaker, interviewer, EA delegate, EAP Delegate, EAP Observer, judges, referees).
1. A badge (accreditation) with details of the authorized access zones is given to everyone.
  2. Badges (accreditations) are available to beneficiaries at the bibs collection.
  3. In particular, the non respect of these rules of access to the competition field by certain persons (coach, accompanying person, family, etc.) may lead to the disqualification of their athlete.
24. **Anti-doping controls.** Anti-doping controls will be carried out, according to the standards in force by European Athletics. In the event of a national record, it is possible to carry out doping control on site. The cost of this control will be re-invoiced after the meeting to the federation concerned.
25. **Reimbursement of travel expenses.** According to the agreements and criteria defined on a case-by-case basis with certain athletes, reimbursements are fixed. Athletes who are members of the EAP circuit are invited and receive reimbursements according to the agreements in force.
- In all cases, the following criteria are applied:
1. If for any reason an athlete, to whom reimbursement was provided, could not make the trip, ATLETICAGENEVE will not be required to reimburse the travel expenses.
  2. If an athlete makes the trip despite the fact that his conditions of participation at the time of the trip do not allow him to take part in the competition (eg illness, injury, mental disease or other reasons) he will not be able to claim reimbursement of his travel expenses. Likewise, if accommodation is reserved for him, he will have to pay for this too.
  3. It is up to the athlete (or who for him is responsible for his engagement and the booking of his trip) to take out travel cancellation insurance.
26. **Appearance fees.** Except in exceptional cases, ATLETICAGENEVE does not enter into the matter for bonuses.
27. **Special measures.** Due to exceptional events that may occur (natural disasters, pandemic, wars, etc.), **the organizers could be required to apply measures dictated by higher authorities** such as the Geneva government (Council of State), the Swiss government (Federal Council), the Swiss Athletics Federation (Swiss Athletics) or the European Athletics Association (European Athletics) to ensure the health security of all. If this were the case, and as soon as these measures are imposed on the "normal" organization of the ATLETICAGENEVE meeting, the organizing committee will disseminate the information through its communication channels: website, social

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networks. Depending on the impact on the event, the press will be contacted in order to relay the information on a larger scale.

As the organiser, a **health protection plan** and a **site security plan** have been submitted to the competent authorities of the City of Geneva.

1. **No reimbursement of any kind** is possible if the competition could not take place or if it could not take place as planned.
28. **Insurance.** Athletes enter the competition at their own risk. They must have their own accident insurance. ATLETICAGENEVE declines all responsibility in the event of an accident or theft.

Through its affiliation with Swiss Athletics, the event benefits from an insurance covering athletes, volunteers and spectators.

29. **Information.** By e-mail to [start@atleticageneve.ch](mailto:start@atleticageneve.ch)